

# FILLETS

U.S. Farm-Raised Heartland Catfish fillets are available in shank and split cuts, suitable for anyfish recipe. Whether fried, grilled, broiled or baked, Heartland Catfish fillets are the perfect cut.

#### Shank Fillets

Heart-healthy and protein rich, our mild-flavored, firm-textured shank fillets are perfectly suited for any fish recipe. Shank fillets have been deboned and have the belly flap (nugget) removed.

### Split Fillets



Our split fillets provide a smaller portion of meat that cooks quickly and makes controlling portion sizes easier than ever. Splits are cut from whole shank fillets using an Intelligent Portioning Machine to yield two pieces of equal mass.

## Packaging Options

#### Fresh Packed on Ice

Our innovative processing, packaging and shipping methods guarantee our customers receive the highest quality catfish products available. Computers regulate air and water temperatures in all areas of the plant to discourage bacteria growth and product degradation. We also operate our own fleet of refrigerated tractor-trailers to deliver our products throughout the United States. Stored at the proper temperatures, our fresh products are safe to consume up to 14 days from packaging.

- Packaged at the peak of freshness
- No added preservatives
- Attractive appearance for display
- Maintained texture and moisture

#### Individually Quick Frozen (IQF)

Our frozen products are Individually Quick Frozen (IQF) in a matter of minutes to preserve their freshness and ensure our customers receive superior-quality catfish year-round. Heartland Catfish Company is able to freeze all of our production every day in company-owned storage freezers. In fact, we have the largest in-house storage capacity in the industry, at more than 2,000,000 pounds.

- Preserved freshness and appearance
- Maintained nutritional value
- Reduced cross-contamination
- Safe shipping



## Available Sizes:

PRODUCT NUMBER	SIZE	AMOUNT PER CASE
11010	2/3-ounce fillets	80 to 120 pieces per case
11020	3/5-ounce fillets	48 to 80 pieces per case
11030	5/7-ounce fillets	34 to 48 pieces per case
11040	7/9-ounce fillets	26 to 34 pieces per case
11050	9/12-ounce fillets	20 to 26 pieces per case
11060	12-ounce and up fillets	20 or fewer pieces per case
11490	4/5-ounce fillets	48 to 60 pieces per case
11870	2/3-ounce split fillets	160 to 240 pieces per case
11880	3/5-ounce split fillets	85 to 170 pieces per case
11920	5/7-ounce split fillets	64 to 91 pieces per case
71000	1.25 fillet strips	150 to 240 pieces per case
81000	Irregular fillets	Random count per case





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